



Belmont School of Ballet

2019 – 2020 Class Schedule

Monday

3:30 - 4:15 Grade I
4:15 - 5:00 Primary Ballet (6 - 8 year old)
5:00 - 5:50 Grade II
5:50 - 6:50 Grade 6
6:50 - 7:20 Pointe
7:20 – 8:50 Intermediate / Advanced Technique Pointe

Tuesday

1:00 – 1:45 Pre Ballet/Tap (3-4 year old)
3:30 – 4:15 Pre - Primary / Tap (5 - 6 year old)
4:15 - 5:15 Grade IV
5:15 - 6:00 Junior Modern
6:00 - 7:15 Intermediate Foundations Grade 5 with pointe or pre pointe
7:15 - 8:45 Intermediate / Advanced Pointe Technique

Wednesday

3:00 – 3:50 Cecchetti 2
3:50 - 4:40 Cecchetti 1
4:40 – 6:00 Grade 6 with pointe
6:00 - 6:50 Teen Tap
6:50 - 7:40 Intermediate / Advanced Jazz
7:40 - 8:30 Advanced Tap

Thursday

3:00 - 3:50 Grade II
3:50– 4:40 Grade IV
4:40 - 5:40 Junior Tap / Jazz
5:40 - 7:00 Intermediate Foundations / Grade 5 with Pointe or pre pointe
7:00 - 8:30 Intermediate / Advanced Pointe Technique

Friday

5:00 - 6:30 Pointe Technique
6:30 - 7:30 Dance Conditioning (Pilates, core, stretching, floor barre)

Saturday

9:00 - 9:50 3 - 5 year old Ballet / Tap
9:50 - 10:40 Grade I
10:40 -12:10 Intermediate / Advanced Pointe Technique
12:10 - 1:00 Intermediate / Advanced Modern

** Intermediate / Advanced Students are required to take a minimum of 3 technique classes a week, modern and jazz are strongly recommended.

** Students in Grades I - Grade V should take a minimum of two classes a week or spend two years in the level.

*1 .15 classes or longer hour classes charged as two lessons

Subject to change
June 2019

